PRE-DEPARTURE COVID-19 GUIDELINES

In preparation for your Education Abroad program, please carefully read these pre-departure guidelines. Different countries have different COVID-19 testing requirements – some may require proof of a negative test for entry, while others may not. Make sure you understand the requirements specific to your destination. Also be sure to follow any recommendations given to you by your program provider or exchange university.

To prepare for departure, we recommend that you take the following steps:

BEFORE YOUR FLIGHT

- **We strongly recommend that you be fully vaccinated before your departure**. Different countries have different vaccination requirements for entry, and some may require proof of vaccination in order to access restaurants, cultural sites and other areas. Additionally, your program provider or host university may have vaccine requirements of its own. It is your responsibility to understand these requirements and to ensure you can fully participate on your program.
- Get a COVID-19 test 1-3 days before your flight. You should do this even if your destination country does not require a negative test for entry, and even if you are going to be tested upon arrival in your host country.
- If your test comes back positive, **do not travel**.
    - Contact Miko McFarland (miko.mcfarland@uky.edu) or Jason Hope (jasonhope@uky.edu) as soon as possible for guidance on next steps.
- If you are sick, or if you have been instructed by a public health official to self-isolate, **do not travel**.
    - Contact Miko McFarland (miko.mcfarland@uky.edu) or Jason Hope (jasonhope@uky.edu) as soon as possible for guidance on next steps.

DURING YOUR TRIP

- Wear a mask at all times during your trip, including in the airport and on the airplane, and only remove it when you are eating and drinking.
- Carry proof of vaccination with you, if you are vaccinated, including a digital copy.
- While in the airport and during layovers, avoid touching surfaces as much as possible, and be sure to wash or sanitize your hands often.
- Avoid touching your eyes, nose, mouth or face throughout your trip.
- Always attempt to keep 6 feet of physical distance between yourself and any other travelers at the airport.

For more information on COVID-19 precautions and international air travel, click here. If you have any questions, please feel free to contact Director of International Health, Safety & Security Jason Hope at jasonhope@uky.edu.

The CDC provides more information about safer travel during the COVID-19 pandemic, at this link.

International Health, Safety and Security
International Center